

SALSA MUSIC STRUCTURE

INTERPRETATION OF SALSA MUSIC FOR LA STYLE SALSA

INTRODUCTION - Usually Instrumental & either low energy or high energy depending on the song. Sometimes hard to start dancing in this section.

BREAK - Accent or Stop in the music - good spot for dramatic start to dancing.

VERSE – The story or Lyrics, low energy – good for easing into the coupled dancing, warm up section. Remember to use Cross body lead and turns to break up complicated step patterns so you can easily find the breaks

BREAK - Accent or Stop in the music - good spot to stop and do a dip or pose.

CHORUS & SINGER IMPROVISATION - usually high energy - good place to pull out all the stops (use all your flash moves here)

BREAK - Accent or Stop in the music - good spot for a dip or pose

CONGAS / INSTRUMENTAL JAM SESSION - THIS IS WHERE TO USE YOUR SHINES – high energy. You might find it hard to dance intricate step patterns here.

BREAK – If shining use this break for a dramatic turn and stop, then collect your partner. Or use it to enter into coupled dancing dramatically again. Otherwise another spot to Accent or Stop, Dip or Pose

VERSE – The story or Lyrics, low energy – good for coupled dancing. Remember to use Cross body lead and turns to break up complicated step patterns so you can easily find the breaks

ENDING - TRADITIONAL (SHARP & ABRUPT) – Higher energy ending, good for a fast easy dip or pose.

ENDING - ROMANTIC (FADE OUT) – Low energy ending, good to put girl into a turn then a dip. Either low energy or high energy depending on the song.

DANCE EXPRESSION - Remember to use the highs and lows, instrumental sounds or vocal accents as expression points within your own dancing.

Some examples to practice: Body waves, enhance a simple turn, throw in a hip or arm styling, use facial expression, hold or linger in a move.